

MAX MENOPAUSE SPECIALIST

Natural “Miracle Healing” for Menopause Problems



Bio-equivalent Phyto-Estrogen, a natural plant that is chemically and structurally similar but a weaker version full of good Estriol.

1. Isoflavones – Concentrated active ingredient of soy.

Published Research on Isoflavones

Dr. McKenna 2001 – Using Isoflavones concentrate, he found Positive treatment for menopause and symptoms of PMS, it was shown to be safe, with low toxicity, and good tolerance.

Dr. Xu 2000 Cancer Epidemiology – Shows the Isoflavones decreases risk of breast cancer, increased protection to bone loss by reducing calcium loss in research animal models.

2. Red Clover has active Genistein and Daidzen, also provides 18 amino acids important in protein meta- bolism, research shows good for heart disease, decrease cholesterol, decrease cancer risk in colons and breast by blocking estrogenic cells.

3. BlackCohosh is very well researched, lots of clinical study. It is approved by the European German Commission E (European FDA) and US: Pharmacopeia 1928.

Published Research on Black Cohosh



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Dr. Lieberman 1998 - Shown Black Cohosh is effective against Menopause and safe

Dr. Lehmann 1988 - 80% women using Black Cohosh had improvement of symptoms of Menopause and PMS.

Dr. Ducker 1991 - Proved that Black Cohosh stabilizes the luteinizing hormone and improved the symptoms in menopause...

Phyto-Progesterone: The forgotten hormone is made by the ovary after ovulation among other sources a Natural health practitioner calls the symptoms estrogen dominance because the progesterone drops even more severe than estrogen, and the theory is that progesterone is the replacement hormone of choice.

1. Chaste tree - VITEX AGNUS - This bush comes from the Mediterranean; it restores and balances reproductive hormones - works primarily on pituitary to send messages to ovary to increase progesterone.

Published Research on Chaste tree

Dr. Veal 1998 – Oral Chaste tree study shows hormones imbalance was restored in menopause patients.

Dr. Halaskun 1998 – Clinical relief of menstrual and breast pain when patients take Chaste tree treatment.

Dr. Amann 1979 – Used Chaste tree for relief of menstrual water retention. A large 1500 Patient on Chaste tree clinical study for 5 month study, showed 35% of patients had total menopause relief with no symptoms at all and 90% of all patients had improvement of symptoms from menopause.

Balancing organs means strengthening the kidney - adrenal and ovaries, and blood which carry hormones and all fluids. The first ingredient:

1. DONG QUAI - Angelica Sinensis - comes from the carrot family known in Asia as the female tonic, smooth muscle relaxant, helps convert all androsterones to estrogen, progesterone and testosterone in the liver.

Published Research on Dong Quai

Dr. Osaka 1990 – Dong Quai research shown clinical smooth muscle relaxation which improves blood flow by opening blood vessels for better hormone distribution, ovaries and uterine pain is



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also relieved. Vasomotor Relaxation also relieves sweating and heat to cold and chills also has positive changes on the skin and blood vessels.

Dr. He et al 1986 - Research showing patients taking Dong Quai was able to regulate menstrual abnormality and relief of symptoms of PMS.

2. **PANAX GINSENG** - A root prized for century, the most used herb in the world. Tonify, vigor, health, longevity, anti-fatigue, increase libido, strengthen immunity, and retard the aging process.

- Directions: Take 1 capsule twice daily or more as needed and recommended by your physician or health practitioner. Do not take if bleeding occurs or while bleeding. Keep out of reach of children.

✚ Packaging: 60 capsules per bottle.