

Prof. Dr. Paul Ling Tai

D.P.M., FACFS, ABPS, ABAARM



Prof. Dr. Paul Ling Tai is a trained Podiatric Medical Physician and double Board certified surgeon specializing in reconstructive plastic surgery of Ankle and foot. He is a member of the Orthopedic/Podiatric Surgical Reconstructive Team, Surgery Department of the Annapolis-Oakwood Hospital in Detroit, Michigan. He has served under two Michigan State Governors and was recognized with a Vice Chairman's position on the Michigan Board of Podiatric Medical Licensing and as Chief Examiner for new Podiatric physicians. He also served as head of Surgical Residencies. In addition to his various capacities, Prof. Dr. Tai has served as Chairman of the Podiatric Physicians Continuing Education, as well as Chief Compliance Officer for the state of Michigan, supervising doctors. He is also a professor in the New York College of Podiatric Medicine's Department of Integrative Medicine, a professor of AntiAging at University of Paulista (UNIP) in Sao Paulo, Brazil; a Special Professor of Anti Aging at the University of UNAR, Brazil. Co-Coordinator for the Master of Science in Public Health, Anti Aging/Regenerative Medicine. Prof. Dr. Tai is the Official Latin American Delegate for the World Anti Aging Academy of Medicine (WAAAM), and Chairman & President of A4M Brazil. Prof. Dr. Tai is an expert in herbal compound engineering, research and development with Fourteen (14) U.S. Patents credited to his name.

A long time supporter, faculty member and lecturer of the American Academy of Anti-Aging Medicine (A4M), American Academy of Asia Anti Aging medicine (A5M), American Naturopathic Medical Association (ANMA), World Organization of Natural Medicine Practitioners (WONMP) and frequent lecturer at countless other Anti Aging & Health Conferences worldwide. Prof. Dr. Tai is also a member of the International Hormone Society and the World Society of Anti-Aging Medicine (WOSAAM). Prof. Dr. Tai is one of the academic contributing authors to the Anti Aging Medical Therapeutic publications published by the A4M and Diplomate - American Academy of Anti Aging Board Certification, oral and written exams. His breakthrough technologies in Natural Health Supplements, Anti Aging Natural Skincare and Proprietary Bio-Hormone Liposome products have been featured in many renowned medical newsletters, television appearances, and radio health talk shows nationwide.

Prof. Dr. Tai is a Knighted physician and the Grand Physician General of the Supreme Council of the Sovereign Medical Order of Knights Hospitaller. He has helped thousands of patients and consulted countless doctors on difficult cases all over the world, earning him the title of the "Doctor's doctor" and "Doctor of last resort". Member of the Royal College of Papal Knights in Americas. Vatican, His Holiness Pope BENEDICT XVI.

Prof. Dr. Paul Ling Tai is the author of the best seller books "Cordyceps Miracles" and "8 Powerful Secrets to Antiaging"; co-authored with Dr. Alex De Souza, MD "Fabulously Beautiful You". Prof. Dr. Tai's new books are: "Thin Factors" with Clinical studies completed by Dr. Steven Morganstern, MD, on patented technologies and scientific solutions to Weight Loss and Obesity. "Noninvasive Plastic Surgery and Antiaging", a textbook co-authored with Dr. Alex De Souza, MD revealing the breakthrough technologies in healthy aging skincare, non-invasive plastic surgery, skin restoration and skin fitness, and latest breakthrough US Patent Weight Loss Technologies.

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Summary

- **Ankle & Foot Surgeon, Orthopedic/Podiatric Surgical Reconstructive Team, Surgery Department Annapolis-Oakwood Hospital, Detroit, Michigan**
- **Professor of Anti Aging Master Degree, University of Paulista (UNIP), Sao Paulo, Brazil**
- **Professor of Integrative Medicine. NYCPM, New York, New York**
- **Special Professor of Anti Aging Master Degree, University of UNAR, Brazil**
- **Co-Coordinator Master of Science in Public Health, Anti Aging/Regenerative Medicine. Approved Post Graduates Studies by the Ministry of Education, Sao Paulo, Brazil**
- **Official Latin American Delegate and Coordinator for the World Anti Aging Academy of Medicine (WAAAM)**
- **Founder and Coordinator of A4M Brazil Society and Medical Congress.**
- **Personal Representative for Latin America to Dr. Robert Goldman, MD, PhD, DO, FAASP-Chairman of A4M,**
- **Past Adjunct Professor of Surgery. OCPM, Cleveland, Ohio**
- **Faculty member, lecturer, workshop, author
American Academy of Anti Aging Medicine (A4M)**

MEDICAL BOARD CERTIFICATION

- **Fellow – FACFS - American College of Foot & Ankle Surgeons**
- **Diplomate – ABPS - American Board of Podiatric Surgeons**
- **Diplomate - American Academy of Anti Aging Board (ABAAM): Oral Exam and Written Exam (A4M)**
- **The Grand Physician General – The Supreme Council of the Sovereign Medical Order of Knights Hospitaller**
- **Professor, Dean of Endocrinology Dept. University of Natural Medicine, Quito, Ecuador.**
- **Member - Royal College of Papal Knights in Americas. Granted by Vatican H.H. Pope Benedict XVI, signed by Vatican Secretary of State Cardinal Bertone.**

- **Chairman & President, A4M Brazil (American Academy of Anti Aging Medicine-Brazil)**

Presentations:

- * Television – Channel 7, Detroit, Michigan.
- * FM Radio – Turner Program, Windsor, Canada
- * Radio – Charleston, WV
- * Radio – Philadelphia, PA
- * Radio – Chicago, IL
- * Radio – Orlando, FL
- * Radio – Los Angeles, CA
- * American Health Talk Network – Dr. Tai’s Health Secrets.
- * Dr. Tai’s Weekly Health Lecture – Nationwide Conference Call.
- * AM Radio (WQBH) – Weekly Health Show.
- * Speaker at the Cancer Control Society Annual Conference 2004.
- * Time Warner Channel 35, WNYX – New York City Television Health Talk Shows.
- * Poster Abstract at the Singapore Medical Conference 2004:
Poly-Octacosanol, Alternative Natural Anti-Cholesterol - A Meta Review and Clinical Trial.
- * Presentation on Saliva Hormone Testing Technology, XIII International Congress on Antiaging Medicine 2005 – Chicago, Illinois.
- * Presentation on Saliva Hormone Testing Technology , American Naturopathic Medical Association Annual Convention July 2005 -Las Vegas, Nevada.
- * Anti-Aging Workshop, University of Bali Udayana Medical School. March 2006.
- * Presentation on Clinical Research Data on Cortisol Abnormality in Obesity, Stress, Hypertension, and Diabetes – 14th International Congress on Anti Aging Medicine, April 2006, Orlando, Florida.
- * International Anti Ageing and Aesthetic Medicine, Workshop for Medical Doctors – Kuala Lumpur. Nov 18, 2006.
- * Presentation on the 21st Century Technologies for Skincare Research & Clinical Data –14th Annual International Congress on Anti Aging Medicine, Dec. 2006, Las Vegas, Nevada.
- * Presentation on Glutathione and Cordyceps, Max International Conference, January

24, 2007 Toronto, Canada; January 25, 2007 Ottawa, Canada; February 20, 2007 Salt Lake City, Utah.

* Presentation on 3 Powerful Steps to Anti Aging, Mid America Mind Body Life Expo, Minneapolis, MN, March 3, 2007.

* Presentation on Epidemic Metabolic X Syndrome, New Life Expo, New York, March 31, 2007.

* Presentation on “Avoid Common Pitfalls, Mistakes, and 87% Failures of Anti Aging Saliva Hormone Testing, The America Academy of Anti Aging Medicine 15th Annual International Congress on Anti aging Medicine & Regenerative Biomedical Technologies, Orlando, Florida, April 26, 2007.

* Presentation on “Bio-Hormones for Anti Aging”. Zyto Annual Conference, Midway, Utah, May 4, 2007.

* Presentation on “Saliva Hormone Testing Technology for Anti Aging – New Research and Clinical Data of Natural Ingredients for Anti Wrinkles. 14th Congress of Aesthetic Medicine, Rio de Janeiro, Brazil. June 6, 2007.

* Presentation on “Clinical Data – Metabolic Syndrome X” American Naturopathic Medical Association, Las Vegas, Nevada, July 29, 2007.

* Presentation on “Innovative Natural Anti-Wrinkle Plant Extract, in Virto & Controlled Clinical Studies”. 15th Annual World Congress on Anti-Aging Medicine, Chicago, Illinois, August, 2007.

* Presentation on “Saliva Hormone Testing & Powerful Natural Phyto-Hormones”. Women’s Expo, Anaheim, California. September 16, 2007.

* Presentation on “Metabolic X Syndrome”. New Life Expo, New York, New York. October 20, 2007.

* Presentation on “Saliva vs. Serum Hormone Testing – Accuracy, Pitfalls & Clinical Data”. 15th Annual World Congress on Anti-Aging Medicine & Regeneration Biomedical Technologies, December 12, 2007. Las Vegas, Nevada.

* Presentation on “The 3 Natural Secrets to Amazing Youthful Skin in 30 days” Beauty Revolution, January 27 and January 28, 2008. Los Angeles, California.

* Presentation on “Latest Technology Natural Anti-Wrinkle Plant Extract, In Vitro & Controlled Clinical.” & “8 Powerful Steps to Anti-Aging”. The World Organization of Natural Medicine Practitioners (WONMP) 2008 Congress. February 2 - 3, 2008. Houston, Texas.

* Presentation on “8 Powerful Steps to Anti-Aging”. Body Mind Life Expo, March 1, 2008. Minneapolis, Minnesota.

* Presentation on “8 Powerful Steps to Anti-Aging”. New Life Expo, March 29, 2008. New York, New York.

* Presentation on “Innovative Natural Solutions to Diabetes, Weight Loss, Hypertension & Difficult Health Problems”. Zyto Annual Conference, April 24, 2008. Salt Lake City, Utah.

* Presentation on “8 Powerful Secrets to AntiAging”, How to look & Feel 20 years Younger! Zyto Annual Conference, April 25, 2008. Salt Lake City, Utah.

- * Presentation on “8 Powerful Steps to Anti-Aging”. Yoga & Raw Foods Expo, June 8, 2008. New York, New York.
- * Presentation on “8 Powerful Steps to Anti-Aging”. Health Freedom Expo, June 27, 2008. Chicago, Illinois.
- *Lecture: “Discover Your Bio-Age & Solutions to Reverse Aging”. Sovereign Medical Order Knights Hospitaller, July 12, 2008. Scottsdale, Arizona.
- *Workshop: “New Medical Breakthrough to Difficult & Impossible Clinical Conditions”. Sovereign Medical Order Knights Hospitaller, July 13, 2008. Scottsdale, Arizona.
- *Presentation: “Clinical Research on Cortisol Abnormality in Stress, Sleep, Sports & Obesity”. A4M 16th Annual World Congress. July 17, 2008. Washington, DC.
- *Workshop: “Optimal Health Institute – Aesthetic Medicine, Bioplasty, and Skin Restoration”. A4M 16th Annual World Congress. July 18, 2008. Washington, DC.
- *Presentation: “New Medical Breakthrough Natural Solutions to Difficult & Impossible Clinical Conditions”. American Naturopathic Medical Association (ANMA). July 25, 2008. Las Vegas, Nevada.
- * Presentation: “New Medical Breakthrough to Difficult & Impossible Clinical Conditions”. **Envita Medical Center**. August 4, 2008. Scottsdale, AZ.
- *Presentation: “8 Powerful Secrets to Anti Aging”. American Black Chiropractor Association. August 29, 2008. Houston, TX.
- * Presentation: “New Medical Breakthrough to Difficult & Impossible Clinical Conditions”. **Long Life Medical Center**. September 15, 2008. Mesa, AZ.
- * Presentation: “5 Powerful Breakthroughs “**Skinny Factor**” for Incredible Weight Loss”. **New Life Expo**. October 18, 2008. New York, New York.
- * Presentation: “The Ultimate Anti Aging Test – Saliva vs. Serum Hormone Testing”. Brazilian Society of Cosmetic Medicine and Surgery. October 30, 2008. Orlando, FL.
- *Intensive Hands-OnWorkshop: Brazilian Society of Healthy Aging. Seminar of Anti Aging, November 22-23, 2008. Post Graduate Medicine, University of Sao Paulo.
- * Presentation: “New Breakthrough Natural Weight Loss Technology - A Clinical Double-Blind Study Cross Over Report”. 16th Annual World Congress on Anti-Aging Medicine (A4M). December 11, 2008. Las Vegas, Nevada.
- *Presentation: “8 Powerful Secrets to Anti-Aging.” Body Mind Life Expo, March 7, 2009. The Minneapolis Convention Center, Minneapolis, Minnesota.
- * Seminar: “8 Powerful Secrets to Anti Aging.” Optimal Health Institute, March 17, 2009. Belo Horizonte, Minas, Brazil.

- *Presentation: “The Science and Clinical Research of Weight Loss and Leptin Hormone Abnormality.” World Congress on Aesthetic Medicine – IAAM VIII International Symposium on Anti-aging Medicine, March 20, 2009. Sao Paulo, Brazil.
- *Presentation: “New Technology Breakthrough of Saliva Hormone Testing.” World Congress on Aesthetic Medicine – IAAM VIII International Symposium on Anti-aging Medicine, March 20, 2009. Sao Paulo, Brazil.
- *Presentation: “Strategies for Anti Aging – Research and Clinically Proven Technologies to Reverse the Effects of Aging, Naturally.” Academia Brasileira de Medicina Anti-Envelhecimento, March 19, 2009. Sao Paulo, Brazil.
- *Presentation: “8 Powerful Secrets to Anti-Aging.” New Life Expo, March 28, 2009. New York, New York.
- *Presentation: “Leptin Hormone Physiology & Pathology in Obesity” 17th Annual International World Congress on Anti-Aging Medicine 2009 (A4M). April 23, 2009. Orlando, Florida.
- *Presentation: “8 Powerful Secrets to Anti Aging: Look Younger, Feel Stronger, and Live Longer.” Navel Expo. May 3, 2009. Long Island, New York.
- *Presentation: “Advanced technologies in Anti Aging in the 21st Century – Bio Hormones Testing & Weight Loss.” 21st Congresso Brasileiro de Medicina do Esporte & 9th Congresso Paulista de Medicina do Esporte. May 7, 2009. São Paulo, Brazil.
- *Presentation: “Sports Medicine and Anti Aging – Athletes Peak Performance.” 21st Congresso Brasileiro de Medicina do Esporte & 9th Congresso Paulista de Medicina do Esporte. May 7, 2009. São Paulo, Brazil.
- *Presentation: “Learning to Make Aging Hormonal Assessments and Treatment.” XVIIas Jornadas Mediterraneas De Confrontaciones Terapeuticas En Medicina Y Cirugia Cosmetica. May 15, 2009. Barcelona, Spain.
- *Presentation: “New Technology Evaluation on Accuracy of Saliva Bio-Hormone Testing vs. Blood Hormone Testing.” XVIIas Jornadas Mediterraneas De Confrontaciones Terapeuticas En Medicina Y Cirugia Cosmetica. May 17, 2009. Barcelona, Spain.
- * AntiAging 6 day Course: “Human Hormone Physiology”. May 25 to May 30, 2009. Sao Paulo, Brazil
- * Presentation: “Leptin – Physiology and Pathology in Obesity and Diabetes”. June 4, 2009. Congresso Brasileiro Medicina estetica. Sao Paulo, Brazil
- *Presentation: “8 Powerful Secrets to Antiaging”. Health Freedom Expo. June 12, 2009. Chicago, IL.
- *Presentation: “5 Powerful Skinny Factors for Weight Loss”. Health Freedom Expo. June 13, 2009. Chicago, IL.
- *Presentation: “8 Powerful Secrets to Antiaging”. Health Freedom Expo. June 14, 2009. Chicago, IL.
- *Presentation: “8 Powerful Secrets to Antiaging”. American Naturopathic Medical Association. July 25, 2009. Las Vegas, NV.

*AntiAging Workshop: “New Scientific breakthrough: The 4 Resistances to Overweight & Obesity”. American Naturopathic Medical Association. July 25, 2009. Las Vegas, NV.

*Presentation: “Anti Aging in the 21st Century”. V Annual Meeting of Aesthetic Procedures, International Conference. July 31, 2009. Sao Paulo, Brazil.

*Presentation: “The Latest Technology in Bio-Hormone Testing”. 1st International Workshop of the American Academy of Anti-Aging Medicine – Brazil. August 14, 2009. Sao Paulo, Brazil.

*Presentation: “Beyond Weight Loss – Fat Burning Technologies”. American Academy of Anti-Aging Medicine 17th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies (A4M). September, 2009. San Jose, California.

*Presentation: “5 Powerful Skinny Factors for Weight Loss”. New Life Expo. October 17, 2009. New York, New York.

*Presentation: “8 Powerful Secrets to AntiAging”. New Life Expo. October 18, 2009. New York, New York.

*Presentation: “8 Powerful Secrets to AntiAging”. Mind Body Spirit Expo. October 24, 2009, Philadelphia.

*Presentation: “The 4 Resistances to Overweight & Obesity”. Mind Body Spirit Expo. October 25, 2009, Philadelphia.

*Presentation: “Hormone Pathology and Satiety Center Abnormality” 17th Annual International World Congress on Anti-Aging Medicine 2009 (A4M). December 9, 2009. Las Vegas, NV.

*Presentation: “Saliva vs. Serum Hormone Testing” A4M Mexico World Congress in Anti-Aging and Regenerative Medicine. January 15, 2010. Mexico City, Mexico.

*2 Days Intensive Anti Aging Course. January 29-30, 2010. Madrid, Spain.

* 2 Days Anti Aging Course. March 6, 7, 2010. Kuala Lumpur, Malaysia.

* Presentation: “The Advancement of Natural Bio-Hormone Therapy and Anti Aging.” 4th World Biennial of Neural Therapy according to Huneke, Natural Dentistry and Anti Aging Therapies". March 12, 2010. Quito, Ecuador.

* Presentation: “**8 Powerful Secrets to Anti Aging**”. **New Life Expo**. March 27, 2010. New York, New York

* Presentation: “**Skinny Factors - A New Patented Powerful Technologies for Weight Loss**”. **New Life Expo**. March 28, 2010. New York, New York

* Presentation: " **Stem Cell & Genetic - Medicine of Anti Aging of the 21st Century**". A4M Brasil Stem Cell & Genetics Conference. April 9, 2010. Sao Paulo, Brazil.

* 2 Days Intensive Anti Aging Course. April 23, 24, 2010. Sao Paulo, Brazil

* Intensive Weight Loss Course. April 25, 2010. Sao Paulo, Brazil

* 3 Days Intensive Anti Aging & Weight Loss Course. April 30 - May 2, 2010. Brasilia, Brazil

MEDICAL PUBLICATIONS:

Mesomorphic Cholesteric Crystals - A Thermographic Study, JAPA 1972

Acupuncture - A Clinical Study, JAPA 1973

American Academy of Anti-Aging Medicine, Anti-Aging Therapeutics Volume 8 –
“Clinical Applications & New Technology of Saliva Hormone Testing for Anti-Aging”. August 2005.

American Academy of Anti-Aging Medicine, Anti-Aging Therapeutics Volume 9 –
“21st Century Technologies for Skincare – Research & Clinical Data”. December 2006.

American Academy of Anti-Aging Medicine, Anti-Aging Therapeutics Volume 10 –
“Avoid Common Pitfalls, Mistakes, and 87% Failure of Anti-Aging Saliva Hormone Testing”. April, 2007.

American Academy of Anti-Aging Medicine, Anti-Aging Therapeutics Volume 10 –
“Avoid Common Pitfalls, Mistakes, and 87% Failure of Anti-Aging Saliva Hormone Testing”. December, 2007.

American Academy of Anti-Aging Medicine, Anti-Aging Therapeutics Volume 10 –
“Innovative Natural Anti-Wrinkle Plant Extract, In Vitro & Controlled Clinical Studies”. August, 2007.

Health Science Institute (HSI) Special Research Report – *“Underground Cures: Natural Ways to Beat Skin Disease”*. 2003.

Therapeia Natura, Natural Medicine International Scientific Magazine. *“Saliva vs. Serum Hormone Testing, Accuracy, Pitfalls & Clinical Data”*. July – September 2008 Publication.

American Journal of Bariatric Medicine, The Bariatrician, Volume 23, No.2. *“Bauhinia: A New Herbal Substance for Weight Loss?”* Summer 2008.

A4M Anti-Aging Medical News. *“Saliva Hormone Testing for Anti-Aging.”* Summer 2008.

Healthy Aging. *“Serum vs. Saliva Testing”*. July/Aug 2008.

American Journal of Bariatric Medicine, The Bariatrician, Volume 23, No.3. *“Follow up Report: Trial with Bauhinia Forficata”* Fall 2008.

Anti-aging Conference Book, Las Vegas, Nevada. *“From the Amazon, an effective new plant for weight loss – Double blind study”* 2008.

AUTHOR

Book Publication: Cordyceps Miracles, 2005

Book Publication: 8 Powerful Secrets to Anti Aging, 2007

Newsletter: Healthy Lifestyle, 2008

Medical Journal: The Bariatrician, 2008

Book Publication: Fabulously Beautiful You! 2009

Book Publication: Thin Factor, 2010

Medical Textbook: Non-Invasive Plastic Surgery and Anti-aging 2010

Medical Conferences:

1) President and Coordenator: **1st International Workshop of the American Academy of Anti-Aging Medicine** – Brazil. August 14, 2009. Sao Paulo, Brazil.

2 Days Event with over 30 International And Brazilian Speakers, 457 member participants, 22 corporation sponsor booths.

2) President and Coordinator: **A4M Brasil Stem Cell & Genetics: Intensive Practical Course and Workshop**. In co-operation with UNIP University. April 9-11, 2010. Paraiso, Sao Paulo, Brasil

More than 20 International speakers from Beijing, China; Israel, Spain, USA, Australia