



24141 Ann Arbor Trail, Dearborn Heights, Michigan 48127
Tel: 313.561.6800 Fax: 313.561.6830 E-mail: info@healthsecretsusa.com

ANTI-AGING SKINCARE PROTOCOL

For Men - Age 40 and Older

MORNING FACIAL SKIN FITNESS

1. Apply **SMART SKIN** to a dry face and rub briskly until dead skin deposits have formed on the surface.
2. Wash with **NATTOYANT CLEANSING GEL**, rinse well with water
3. After a skin sensitivity test on the client's forearm, mix equal amount of **NANO PEEL and ULTRA LIGHTENER** on hand and apply on the entire face.
4. Rub well on face and neck until dry.
5. Rinse well with cold water
6. Apply a small amount of **DIAMOND MICRODERMABRASION** onto damp face and neck, massage in circular motions with mild pressure. Rinse with warm water.
7. Apply **ESSENCE FLASH TONER** with cotton pad to remove any residue and to close pores.
8. Apply **BIO-ACTIVE REJUVENATION** in small amounts on the face and neck
9. Apply **COMFORT ZONE** on the face and neck
10. Apply **SPF 50** in a thin even layer sun exposed surfaces of the skin and face 15 minutes before sun exposure.

NIGHT FACIAL SKIN FITNESS

1. Wash face with **NATTOYANT CLEANSING GEL**, rinse well with water.
2. After a skin sensitivity test on the client's forearm, mix equal amount of **CELL RENEW and ULTRA LIGHTENER** on hand and apply on the entire face. Rub well on face and neck until dry. Rinse well with cold water
3. Apply a small amount of **DIAMOND MICRODERMABRASION** onto damp face and neck, massage in circular motions with mild pressure.
4. Rinse with warm water.
5. Apply **ESSENCE FLASH TONER** with cotton pad to remove any residue and to close pores.
6. Apply **NANO TRIPLE ANTIOXIDANT** on face and neck.
7. Apply **BIO-ACTIVE REJUVENATION** in small amounts on the face and neck

Special Treats

1. Apply as often as you enjoy the **Chiffon Body Souffle** on hands, body, and feet for an all day hydration of these areas.
2. Use **Second Skin Face mask** to replenish collagen loss due to aging. You may use it as often as you like!



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ANTI-AGING FACIAL PROTOCOL- Women Age 41 and Older

MORNING FACIAL SKIN FITNESS

1. Apply **SMART SKIN** to a dry face and rub briskly until dead skin deposits have formed on the surface.
2. Wash with **NATTOYANT CLEANSING GEL**, rinse well with water
3. After a skin sensitivity test on the client's forearm, mix equal amount of **NANO PEEL and ULTRA LIGHTENER** on hand and apply on the entire face.
4. Rub well on face and neck until dry.
5. Rinse well with cold water
6. Apply a small amount of **DIAMOND MICRODERMABRASION** onto damp face and neck, massage in circular motions with mild pressure. Rinse with warm water.
7. Apply **ESSENCE FLASH TONER** with cotton pad to remove any residue and to close pores.
8. Apply **NANO RENEWING DAY CREAM** in small amounts on the face and neck
9. Apply **COMFORT ZONE** on the face and neck
10. Apply **ANTI WRINKLE EYE SERUM** around the eye area
11. Apply **SPF 50** in a thin even layer sun exposed surfaces of the skin and face 15 minutes before sun exposure.

NIGHT FACIAL SKIN FITNESS

1. Wash face with **NATTOYANT CLEANSING GEL**, rinse well with water.
2. After a skin sensitivity test on the client's forearm, mix equal amount of **CELL RENEW and ULTRA LIGHTENER** on hand and apply on the entire face. Rub well on face and neck until dry. Rinse well with cold water
3. Apply a small amount of **DIAMOND MICRODERMABRASION** onto damp face and neck, massage in circular motions with mild pressure.
4. Rinse with warm water.
5. Apply **ESSENCE FLASH TONER** with cotton pad to remove any residue and to close pores.
6. Apply **NANO TRIPLE ANTIOXIDANT** on face and neck.
7. Apply **NANO NIGHT CAVIAR** in small amounts on the face and neck
8. Apply **ANTI WRINKLE EYE SERUM** around the eye area

Special Treats

1. Apply as often as you enjoy the **Chiffon Body Souffle** on hands, body, and feet for an all day hydration of these areas.
2. Treat yourself with **Refined Ice Mask** once or twice a week for that porcelain skin effects! Apply a generous amount on a clean face, leave it on for 10 minutes and rinse well with cold water.
3. Use **Second Skin Face mask** to replenish collagen loss due to aging. You may use it as often as you like!



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ANTI-AGING FACIAL PROTOCOL

For LADIES – 40 years old & Younger

MORNING FACIAL SKIN FITNESS

1. Apply **SMART SKIN** to a dry face and rub briskly until dead skin deposits have formed on the surface.
2. Wash with **NATTOYANT CLEANSING GEL**, rinse well with water
3. Apply a small amount of **DIAMOND MICRODERMABRASION** onto damp face and neck, massage in circular motions with mild pressure. Rinse with warm water.
4. Apply **ESSENCE FLASH TONER** with cotton pad to remove any residue and to close pores.
5. Apply **BIO-ACTIVE REJUVENATION** in small amounts on the face and neck
6. Apply **COMFORT ZONE** on the face and neck
7. Apply **SPF 50** in a thin even layer sun exposed surfaces of the skin and face 15 minutes before sun exposure.

NIGHT FACIAL SKIN FITNESS

1. Wash face with **NATTOYANT CLEANSING GEL**, rinse well with water.
2. Apply a small amount of **DIAMOND MICRODERMABRASION** onto damp face and neck, massage in circular motions with mild pressure.
3. Rinse with warm water.
4. Apply **ESSENCE FLASH TONER** with cotton pad to remove any residue and to close pores.
5. Apply **NANO TRIPLE ANTIOXIDANT** on face and neck.
6. Apply **BIO-ACTIVE REJUVENATION** in small amounts on the face and neck

Special Treats

1. Apply as often as you enjoy the **Chiffon Body Souffle** on hands, body, and feet for an all day hydration of these areas.
2. Use **Second Skin Face mask** to replenish collagen loss due to aging. You may use it as often as you like!
3. After a skin sensitivity test on the client's forearm, mix equal amount of **NANO PEEL and ULTRA LIGHTENER** on hand and apply on the entire face. Rub well on face and neck until dry. Rinse well with cold water (You may use this protocol once a week or once a month, depending on your skin condition)